Plan of attack

Chapter 2:

(have I done enough to identify a gap)

(What evidence do I have to say using fitness instead of micro transactions is a good idea)

Conclude the chapter, pointing out any limitations, link this to a mobile fitness game

Identify the gap for my application

Chapter 3:

* List requirements of the projects, using MoSCoW method
* Small research question
* Project planning, use project spec for gantt chart and risk assessment (update this information with other CW deadlines
* Aims and objectives of the project
* Investigation of the best ways to target my audience
* Explore the types of games that would appeal to them
* The types of fitness that would work best for them (what fits their time the most/ provides suitable energy expenditure
* Mention the use of a project methodology and suggest why it is suitable (leanUX for development and waterfall & Pomodoro for report
* Highlight the lack of a solution comparable to the one I am creating
* Wrap it up by saying I want to make a fitness based mobile application

Chapter 4:

* Talk about the tools used for development (android, node, unity)
* As per leanUX produce a paper prototype of the application, showcase the alterations that have occurred from user testing
* What are the tools I will use
* Why choose the game I chose
* Development diary?
* Highlight key areas of development (the game, fitness integration), hosting on Android market place)
* Check what is meant by this-

“The complete requirements analysis, problem analysis & design of software must be done rigorously”

# Introduction

The previous chapter highlighted the importance of enjoyable and social experiences when building healthy habits such as regular exercise. As such the following chapter attempts to outline a proposal for an application which meets the above criteria for a targeted demographic, whilst also utilizing existing behaviour potentially found within this demographic to be used for the same goal.

# Observable gap

Upon reviewing applications within the realm of user fitness, it became clear that there are currently thousands of applications designed around helping the user improve their health and fitness (Terry, 2017). Within this category many of these applications are also gamified to aid in the user’s enjoyment when making use of said application. A further subset of these applications are almost entirely game-like. However, ultimately all of these applications require a user to perform some fitness based task in order to make the application function, and consequently become a victim to the same pitfall, which is to say the only time a user will use said application is if they are actively attempting to take part in some fitness based activity, this is where a gap in the market currently exists. To the best knowledge of this team, no application practices a form of casual fitness, where an application such as a game, can be played at the user’s leisure and enjoyment but with functionality in place to encourage said user to go out and practice some form of healthy activity which would result in some observable benefit for the user, within the context of the application they are using. Filling this market gap also raises possible scientific questions such as; Whether users will make use of such functionality above current methods, whether users with little or no desire for fitness could be encouraged to develop some desire, and finally within the context of this project; would users who currently spend real world money on in game rewards be more or less likely to make use of this proposed applications reward system. Below find an abstract for the application produced within this project.

# Abstract of new idea

A mobile based game that is focused primarily on achieving enjoyment and social interaction in its player base whilst also allowing players to gain an in-game advantage through the achievement of fitness goals set by the application, these advantages will operate in a manner similar to the way as current in game purchases, also known as microtransactions operate.

# Project aim and objectives

Below is a comprehensive list of the aim and objectives of the proposed application.

## Project aim

To create a socially interactive mobile based game targeted at older adults, that gives the player character an in-game advantage determined by fitness data captured through their mobile device.

## Project objectives

* The application must make use of existing solutions available to users with regards to fitness tracking, this is to limit the amount of time required for the user to start using the proposed application.
* A paper based prototype of the application should be created to allow for a quick initial round of user testing.
* Based on the prototype created, usability testing should be undertaken, feedback from this usability testing should be used to improve upon the prototype of the application, this process should occur multiple times over the course of the applications development.
* A mobile application must be created that fills the following criteria;
* The applications style, theme and genre must be based upon the findings of previously conducted research
* The application will be designed to target the older adult demographic
* The application must offer an in-game reward for the user completing real world fitness activities
* The application must make use of fitness data taken from sensors on the user’s mobile device or through the use of open source API’s in order to determine the correct level of in game reward that should be given to the player
* The application should be developed to run on a mobile operating system to allow for ease of access and play
* The system should be designed to operate online; this is to allow for easier interaction between the active player base.
* The application must have undergone a series of user ability tests, feedback from these tests should improve upon the original design

Should these requirements be met the application will be considered complete as far as the scope of this project is concerned.

# Project requirements

# Methodology choice

For the development of this project, Lean UX was selected as the most suitable methodology, this is due to several reasons;

Lean UX is based around the principles of Agile development i.e. striving to achieve a strong

relationship with the products customers, producing working software above comprehensive

documentation and creating a project that is adaptable to change. These points were all crucial in

the development of this project due to the nature in which the project had to operate due to the

other commitments of the project team as well as the goals the project proposed to achieve, for

example the target demographic of the proposed application was older adults, as this was a

demographic not personally experienced by the development team, creating a strong connection

with the applications user base was essential.

Lean UX also has a focus on rapid prototyping with a view to user testing. Through the use of Lean UX two prototype iterations were created and tested before any code was written, considering the scope of the changes between the two prototypes an example of which can be seen below in figures 1 and 2 below, had this been attempted purely through the use of a coded prototype the time between changes would have been drastically higher than what it was due to the use of a paper prototype.

Additionally, but not as crucial to the above points, Lean UX was already a familiar technique to the development team, the possesses and techniques involved in running a Lean UX project were already incorporated into the way the team conducted project development, which when considered alongside the other requirements of the project makes it a good fit as time spent developing skill with another project methodology could be better spent elsewhere.

**Include reference to lean UX and the agile manifesto in this section**

Add screen shots to the paper based prototypes (level select interface / login)

# Investigation

The following section outlines the investigation that took place to identify the selected genre, theme and style of the proposed application, this investigation entailed researching current popular mobile games and assessing their viability for this project. In total five games were researched to assess viability, these games were selected due to their top five position on the Top Games by All-Time Worldwide Downloads list (The Most Popular Google Play Apps of All Time, 2016). The selected games are as follows;

* Subway Surfers
* Candy Crush Saga
* Pou
* Temple Run 2
* Hill Climb Racing

Once a suitable list of games with which to investigate had been established it follows that some criteria for the investigation would need to be generated, the criteria and their reasoning within the investigation was as follows;

## Total downloads since release

Total downloads since release was selected as a criterion for the investigation as it provides evidence for what style and type of game is popular among users. This is a useful metric to track as designing an application which in some way attempts to take inspiration from what is currently popular has a greater chance of being itself successful.

## Popularity with user demographic

As the application discussed in this report was being targeted at a specific age group, it stood to reason to investigate the popularity the games in the investigation had with the target demographic, this allowed for a greater chance that the design created from this investigation would prove popular with the target demographic.

## Revenue generated

One element of this project is to test for anything scientifically interesting when examining the results of replacing micro-transactions in a mobile video game with rewards earned through achieving fitness goals, in order to set up the greatest chance of success for this scientific test, it is not unreasonable to examine which games in the above list generated the most revenue, as a game made in a similar style would be more suitable to this scientific investigation.

## General review

A final criterion explored in this investigation was a general review of the game by the author, in summary this general review would cover; what was good and bad about the chosen game and whether the game be suitable for development in this project, i.e. could a similar game be produced by a single developer team.

## Conclusion

The investigation concluded that producing a game in the style of Candy Crush Saga would be the most suitable basis for the proposed application, this is due to the popularity of Candy Crush Saga among the target demographic, its high sale content for in game rewards, as well as the ease in which an application in its image can be created by a single member development team. Below find the investigation results for Candy Crush Saga, for all results from the investigation see appendix **Blah**.

Add the investigation to project report appendix

## Candy Crush Saga results

# References

Terry, K. (2017). Number of Health Apps Soars, but Use Does Not Always Follow. [online] Medscape. Available at: http://www.medscape.com/viewarticle/851226 [Accessed 4 Dec. 2016].

The Most Popular Google Play Apps of All Time. (2016). [online] App Annie, pp.10-11. Available at: http://go.appannie.com/report-top-google-play-apps-all-time [Accessed 12 Jan. 2017].